



BREAKFAST

The Benny's Hearth-Baked Bagel is made from the highest quality flour and yeast, shaped, then boiled in a steel cauldron and baked over hearth stones. We use no artificial additives or oils.

Early Riser:

A light, fluffy two-egg omelet with ham, green peppers, onions and cheddar cheese on a bagel or croissant
\$3.99

Healthy Riser:

Three-egg whites with turkey, onions, green peppers and cheddar cheese on a bagel
\$4.50

Breakfast Burrito:

Two scrambled eggs with jalapeños, cheese, ham, green peppers, onions and salsa sealed in a flour tortilla
\$4.50

Screamer Dog:

Choice of spicy italian or turkey-jalapeno sausage with cheddar cheese wrapped in bagel dough
\$4.50

Hash Browns:

\$1.00

SOUPS

Our soups are made daily with the finest and freshest ingredients, and served with your choice of baguette bread or bagel crisps.

* Call ahead for the Soup of the Day

Tomato Basil

Chicken Noodle

Cream of Potato

Chili

Cup - **\$2.99**, Bowl - **\$3.99**

BAGELS

Bagel and Cream Cheese:

Any choice from our wide variety of bagels with a topping of high-quality cream cheese spread - **\$2.39**

Bagel Selection:

Plain, Blueberry, Garlic, Poppy Seed, Sesame, Honey Wheat/Multigrain, Cinnamon Raisin, Jalapeno, Asiago, Onion and Everything

Cream Cheese Flavors:

Plain, Spinach, Garden Veggie, Jalapeno, Cinnamon Raisin/Walnut Strawberry, Honey-Almond Apricot, and Onion Chive

**Also available in reduced-fat*

Bagels:

Dozen - **\$10.99**
Half Dozen - **\$5.99**
Single - **\$1.25**

Cream Cheese:

8 oz. - **\$3.50**
4 oz. - **\$1.99**
2 oz. - **\$1.25**

SALADS

Dressings – Ranch, fat-free Vinaigrette, Thousand Island, Greek Feta, Caesar, Honey Mustard, Red-Balsamic Vinaigrette. All salads are served with baguette bread.

Fresh Fruit: Prepared fresh daily
Cup - **\$2.25**

Garden Salad: Green leaf lettuce, tomatoes, green peppers, onions, cheddar cheese, cucumbers, croutons and your choice of dressing
\$5.99. With turkey or ham... add \$2.00

Caesar Salad: Crispy lettuce, avocado, green onions tossed with creamy Caesar dressing, parmesan cheese and garlic-herbed croutons
\$5.99. With Chicken... add \$2.00

Greek Feta Salad: Crisp lettuce, tomatoes, cucumbers, red onions, avocado, feta cheese, pepperoncini and Greek dressing
\$6.50

Low-Carb Salad: Scoop of tuna or chicken salad with shredded cheese on a bed of lettuce
\$7.25

Ranchers Spicy Chicken Salad: Grilled chicken mixed with green leaf lettuce, tomatoes, bacon, green peppers, red onions, jalapenos, crushed red peppers and Ranch dressing
\$7.99

Oriental Chicken Salad: Mixed greens with cucumbers, carrots, green peppers, Mandarin oranges and grilled chicken topped with wontons, crushed red pepper and an Oriental Sesame dressing
\$7.99

Balsamic Salmon Salad: Green leaf lettuce with tomatoes, cucumbers, red onions topped with nova lox salmon, parmesan cheese and Balsamic Vinaigrette dressing
\$7.99

PIZZA

Pizza by the slice
\$2.95

16"
\$15.75 (2-toppings)
Additional toppings \$1.50

Toppings Include:

Pepperoni, Onion, Green Peppers, Jalapeno, Black Olives, Tomatoes and Sausage

BAKERY

Our desserts are baked fresh daily in our hearth oven.

Cookies and Brownies:
\$1.50

Cheese Danish: Sweet pastry shell filled with cream cheese
\$2.25

Muffins: Blueberry (low-fat), Double Chocolate and Banana-Nut
\$1.85

MORE GREAT FOOD ON THE OTHER SIDE ...

DELI SANDWICHES

Our tasty sandwiches come on your choice of either bagel, baguette, croissant, wheat or rye.

1. Pacific Coast Salmon: Lox salmon on a bagel with cream cheese, capers, tomatoes and sliced red onions
\$7.99

2. Tuna Melt: Fresh albacore tuna topped with tomatoes and melted Swiss cheese
\$6.75

3. French Dip: 1/4 lb. of roast beef with slices of melted Swiss cheese on a French baguette with a side of au jus sauce
\$6.25

4. Classic Reuben on Rye: Corned beef with melted Swiss cheese on rye bread with sauerkraut and spicy mustard served with Thousand Island dressing on the side
\$6.25

5. Vegetarian: Choice of bagel, baguette or croissant with cream cheese, veggies and Swiss or cheddar cheese
\$5.99

6. Real McCoy: Turkey, ham or roast beef with cream cheese, fresh vegetables and cheddar cheese or swiss cheese
\$6.25

7. Texas Big Bird: Grilled chicken breast topped with lettuce, tomatoes, bacon, green peppers, jalapenos, special Texas sauce and cheddar cheese served on a baguette
\$6.25

8. Tuna or Chicken Salad: Homemade tuna or chicken salad, lettuce and tomatoes on your choice of bread
\$6.75

9. Turkey or Ham Club: bacon, lettuce, tomatoes, Swiss cheese and mayonnaise
\$6.25

10. Pastrami Club: bacon, lettuce, tomatoes, cheese, Onion, Spicy Mustard
\$6.25

SANDWICH WRAPS

Our popular wraps are made with the freshest ingredients, wrapped to order in our tasty tortillas.

Vegetarian:

10. Veggie Cado: Veggie cream cheese, scallions, cucumbers, carrots, green peppers, lettuce, avocado, tomatoes with Honey Mustard dressing
\$5.99

11. Greek Feta: Lettuce, tomatoes, onions, green peppers, cucumbers, avocado and Feta cheese with veggie cream cheese and Feta-Cheese dressing
\$5.99

12. Veggie Hummer: Roasted red pepper hummus, lettuce, tomatoes, avocado, cucumbers, green peppers, and sprouts with a side of Caesar dressing
\$5.99

Turkey:

13. California Club: Turkey, bacon, cheddar cheese, scallions, tomatoes, avocado and sprouts, grilled and served with a side of Ranch dressing
\$6.25

14. Healthy Turkey: Chopped turkey, sprouts, tomatoes, cucumbers, onions, green peppers, jalapenos, grilled and served with fat-free dressing
\$6.25

15. Turkey Slim: Turkey, spinach, tomato, red pepper, onion, with fat-free Raspberry vinaigrette dressing
\$6.25

Chicken:

16. Hilary's Hot Ham and Cheese: Grilled chicken breast, ham, bacon, cheddar cheese, tomatoes, sprouts, avocado, and our special sauce, grilled
\$6.50

17. Chicken Caesar: Grilled chicken, romaine lettuce, Swiss cheese, tomatoes, red onions, green peppers, cucumbers, avocado and Caesar dressing
\$6.50



18. Santa Fe Chicken: Sliced chicken breast with melted cheddar cheese, green peppers, tomatoes, onions and salsa, grilled and served with a side of Ranch dressing
\$6.25

19. Jalapeno Chicken: Chicken breast, jalapeno cream cheese, sprouts, tomatoes, onions and green peppers, grilled to perfection and served with BBQ sauce
\$6.25

20. Charlie's Chicken Salad: Our homemade chicken salad, cheddar cheese, bacon, avocado, lettuce, tomatoes and sprouts
\$6.95

From the Sea:

21. Salmon Roll: Smoked salmon, lox cream cheese, capers, tomatoes, cucumbers, red onions and sprouts
\$6.99

22. Tuna Melt: White albacore tuna, Swiss cheese, sprouts, tomatoes, grilled to perfection
\$6.95

Roast Beef:

23. Beef Dip Wrap: 1/4 pound of rare roasted beef, 2 slices of swiss cheese, grilled golden brown with au jus to dip
\$5.95

Make it a Combo!
\$2.50 Chips & Soda

Half Sandwich with Side - \$7.50

Sandwich Choices:

Turkey or Ham
Chicken or Tuna Salad (add \$.50)

Side Choices:

House or Caesar salad
Bowl of Soup

Assortment of Bottled Drinks | Fountain Sodas
Espresso shot | Coffee, Gourmet Teas, Iced Tea, or Hot Chocolate
Freshly Squeezed Orange Juice | Energy Drinks

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